

## Physical Education Course Information

Title of Course	A Level Physical Education
Exam Board	AQA
Syllabus title	Physical Education
Course Code	7582
Course Content	Anatomy and Physiology Skill Acquisition Sport and Society Exercise Physiology Biomechanical Principles Psychology of Sport Deviance and the role of technology in sport Practical Sport
Assessment and weighting	35% Factors affecting optimal performance in physical activity and sport 35% Factors affecting optimal performance in physical activity and sport 30% Practical performance in physical activity and sport
Trips/visits	Olympic Park (Velodrome/Track Wimbledon Tennis Tournament University of Hertfordshire (fitness testing)
Future opportunities/careers	This A Level can open up a whole number of career options within sport: Sport Scientist, Physiotherapist, Sport Medicine, Coach, Sport Psychologist, Nutritionist, PE Teacher, Personal Trainer, Sport Law, Sports Media or working for a national governing body. PE A level is an excellent A Level course that combines well with a number of other A Levels.

## Physical Education Person Specification

	<b>Essential:</b>
Qualifications/ School record	<ul style="list-style-type: none"> <li>• 5 in English, Maths and Science</li> <li>• C in GCSE PE or Merit in BTEC Sport</li> <li>• 95% attendance in Year 11</li> <li>• Good attitude to learning in PE KS4</li> </ul>
Attitude/Qualities	<ul style="list-style-type: none"> <li>• Willing to work hard outside lessons</li> <li>• Confident</li> <li>• Positive/Enthusiastic</li> </ul>
Skills	<ul style="list-style-type: none"> <li>• Team worker</li> <li>• Confident performer</li> <li>• Organised</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• Play competitive sport outside school as part of a club</li> </ul>
	<b>Desirable:</b>
Qualifications/ School record	<ul style="list-style-type: none"> <li>• C or above GCSE PE</li> </ul>
Skills	<ul style="list-style-type: none"> <li>• Confident reader</li> <li>• Confident public speaker</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• Experience of school sport coaching/officiating</li> </ul>